



“I searched this whole lifetime for who I am, for the definition of my beliefs for the direction of my life. I traveled to India and back again. I searched for spiritual and emotional soundness, always under a pall of depression. The Journey has allowed me to choose how to define myself in this life and to be that. I am no longer searching but living. I have self-confidence for the first time in my life.”

Vicki Lichtman
Florida



“I was going through the toughest phase of my life. Depression, anxiety, stress, abuse, trauma, lack of confidence, an inferiority complex, a suicidal tendency...I had them all. I no longer take medication daily for my anxiety attacks. I feel a sense of completeness. I am happy from within.”

Navolina Patnaik
India



“My experience with ‘The Journey’ has allowed me to really be at peace with my own self. Having come from a society where I was conditioned to think that I am never good enough and I should always try harder and harder, the Journey has helped me break down these limiting barriers and truly experience my essence as a pure, loving being who is on this earth to do something.”

Sanjay Pal Singh
Singapore

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Continuing your journey

The Journey offers two paths to inner peace, freedom, resounding health and ultimate liberation. The first is your **Personal Transformation Program** – which, as the name suggests, is your own, personal journey. The second is the **Journey Accreditation Program** – ideal if you wish to experience your own personal path to liberation **and** help others discover theirs, too. There are two levels to each path giving you a clear progression in your journey. Here's what you'll gain from each:

Track: **Personal Transformation Programme**
 Level I: **Self-Healing and Awakening**

Transform your life at the deepest level as you experience one of the world's most effective self-healing modalities. With the willingness to experience true liberation, and the courage to face your fears, you'll begin to transform your life from the inside out. Your innate capacity to heal is activated, blocks to conscious abundance are uncovered and lifted and you'll begin to live from your innate greatness. You'll learn to communicate from the heart and experience powerful processes that create possibility for transformation and any patterns of suffering and self-sabotage caused by the ego are liberated.

You'll move into a future of ease, deepening wisdom and clarity with your true destiny fulfilled

Conscious Abundance

2 ½ day retreat

Clear your hidden limitations and manifest true abundance in all areas of your life.

If you want more out of life, more out of your career, more open creativity, more fulfilment, more self-expression, more out of your relationships and family life, then this is the weekend to come to. It's a nurturing and joyous residential retreat that will leave you soaring in the fulfilment of true abundance.

Healing with Conscious Communication

2 ½ day retreat

Wake up to the deep healing and life transforming power of conscious communication

Discover how your limited perceptions, old conditioning and unconscious communication can compromise your daily life experience, and learn elegant and startlingly effective techniques and process work that will heal and transform – your life and others'

Freedom from the Ego

8 day retreat with Brandon Bays & Kevin Billett

Liberate your Life from the Lie of the Ego and Live in Unbridled Freedom.

The ego is the false identity which is the source of all pain and misery in your life. It is the mistaken prison that has kept you feeling separate from God, from life, from your own self. When all the scaffolding of your ego has deconstructed and fallen away what remains is unbridled freedom. You will find that you will begin to live life in a new way from an open, spacious authenticity of pure being, from the freedom of your own essence.

Online Support following Conscious Abundance 3 months



Track: **Journey Practitioner Programme**
 Level I: **Accredited Journey Practitioner**

Share the gift of one of the world's most effective, self-healing modality with others. Having experienced for yourself the power of transformation with The Journey, you're in the perfect position to build an abundant business with truth, joy and love. You transform every aspect of your own life – emotionally, physically, spiritually – and help others to achieve the same. You'll uncover humanity's secret healing codes and apply them to almost any aspect of your life and will lead by example as you clear your deepest life issues and facilitate conscious healing as a way of life.

You'll find true meaning, purpose and deep fulfillment in your daily work ... and you are part of the change you wish to see in the world!

← **Conscious Abundance** (see information on the left side)

← **Healing with Conscious Communication** (see information on the left side)

← **Freedom from the Ego** (see information on the left side)

Life Transformation Week

8 day retreat with Brandon Bays

Evolve from student to master and become a healing expression of grace

Go from beginner to magician, as you dive into the in-depth work and become a living expression of Grace, catalysing healing on every level for yourself and with everyone you touch. As a Journey Practitioner, you become an integral part of one of the most profound healing work available today and experience an even more profound truth to life.

Practitioner Business Training

3 day workshop

Become an abundantly fulfilled conscious business owner, develop, market and succeed in your own unique healing and coaching practice and build a life of abundance and conscious contribution

Online Support following Conscious Abundance 3 months



*** Please note that the courses listed serve as a recommendation for your personal and life transformation. You are most welcome to switch to the Journey Practitioner Program at any stage. **Please discuss your personal wishes with one of our team members!**