



“I searched this whole lifetime for who I am, for the definition of my beliefs for the direction of my life. I traveled to India and back again. I searched for spiritual and emotional soundness, always under a pall of depression. The Journey has allowed me to choose how to define myself in this life and to be that. I am no longer searching but living. I have self-confidence for the first time in my life.”

Vicki Lichtman
Florida



“I was going through the toughest phase of my life. Depression, anxiety, stress, abuse, trauma, lack of confidence, an inferiority complex, a suicidal tendency...I had them all. I no longer take medication daily for my anxiety attacks. I feel a sense of completeness. I am happy from within.”

Navolina Patnaik
India



“My experience with ‘The Journey’ has allowed me to really be at peace with my own self. Having come from a society where I was conditioned to think that I am never good enough and I should always try harder and harder, the Journey has helped me break down these limiting barriers and truly experience my essence as a pure, loving being who is on this earth to do something.”

Sanjay Pal Singh
Singapore

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Continuing your journey

Track: **Personal Transformation Programme**
 Level II: **Self-Mastery and Liberation**

Liberate your highest human potential and realize the truth of your divine self. Over several intense, dynamic and liberating retreats you'll uproot and destroy forgotten patterns that have devastated your life; shine the spotlight onto unconscious reactions that have sabotaged your dreams; and free yourself to live life to the full.

You'll become a beacon of liberation as you deepen in your own truth and authenticity, you'll free yourself from hidden, unhealthy habits and addictions and live a life of openness, health and true choice. You'll let the fire of liberation burn through the illusion of separation and set you free and reveal your true greatness and experience limitless, ego-free possibility.

Begin to live in enlightened awareness in a matter of months, not decades and experience self-realization – not as a passing state, but as the truth of your existence.



Relationships in Freedom

3 days retreat with Brandon Bays and Kevin Billett

Take a truthful look in the relationships mirror, clear your insecurities, false assumptions and 'blind spots', and discover the real secrets to living in openness, bliss and freedom with your intimate beloved. Learn to dance as emptiness, the One – in life and in Love!



Radiant Health Retreat

7 days retreat with Bet Diening-Weatherston and Dorothe Trassl

Radically Transform Your Habits and Life in only 7 days! Come to our Radiant Health Retreat to bring healing and balance to your mind, body and being. Change from unhealthy patterns and behaviours to empowered choices.



Authentic Greatness

7 day retreat with Kevin Billett

Your innate genius lays buried and dormant inside you. It's time to liberate it, time to soar! Come and clear the limitations, blocks and self-saboteurs that hold you back and keep you small or unfulfilled. Discover a stillness and clarity of purpose by tapping into your deepest self, your innate genius, and flourish in all areas of life.



Enneagram Masterclass

7 day retreat with Kevin Billett

Learn some of the extraordinary secrets the Enneagram has to reveal about the veils of the ego, the impossible binds we create and the effects of our core instinctual drives on every aspect of life, and learn how to clear them. The retreat includes many unique ego-fixation realisations that are not available elsewhere.

Track: **Journey Practitioner Programme**
 Level II: **Accredited Life Transformation Coach**

Liberate your divine self and become a master of awakening and life transformation. In a blissful, safe and nurturing environment you'll deepen in your own authenticity and become a beacon of liberation for others. You'll free every aspect of your being and fulfill your ultimate divine destiny and fall into the reality of enlightened awareness. It's possible to live as an example of fully conscious awakening as you uncover the deepest healing secrets of the Enneagram. In addition, you'll embrace the refined skills of coaching and presenting and business skills, so you are ready to share your vision and support others on their path of healing and awakening.

You'll deepen your transformational skills and become an Accredited Journey Life Transformation Coach, a healing expression of grace, an exemplar of divine possibility.

Journey Practitioner Mastery

3½ day retreat with Brandon Bays

At this course, therapeutic mastery is borne, moving from a structured way of working to a grace guided, inspired and creative one. Process work is born freshly and anew from the themes emerging in the room, exploring new and inspired ways of working therapeutically, through the medium of Satsang.



Freedom from the Real Causes of Depression

2 day workshop with Kevin Billett only for Journey Practitioners

This experiential workshop is based on Kevin's personal experience of suffering from and becoming totally free from clinical depression. Identify the real causes and patterns of depression using specially adapted Journey process work for your work with clients or loved ones who may suffer from depression.



Authentic Greatness

For details see left page

Advanced No Ego Retreat

10 day retreat with Brandon Bays in India – inclusive of full board & accommodation!

This retreat is held at what is considered to be one of the most powerful spiritually charged sites in India, at the foot of the sacred mountain Arunachala, where liberation is said to be possible in an instant.

The powerful, liberating presence of the mountain is experienced as a holy fire, a force of nature that is mystically and mysteriously so omnipresent it pulls apart the scaffolding of the Ego, burns through the lies of our fixation and steals away our minds. **It will give you the opportunity of boundless and profound liberation.**



Coaching, Presenting and Business Training

8 day retreat with Kevin Billett

Learn to elicit the real needs of an individual and specially adapted Journey techniques to allow your clients to burn through their deepest limitations and to foster and encourage them as they start living effortlessly on purpose.

During this retreat you will spend time to experience how to effortlessly and confidently open with any audience and speak with authenticity, passion and purpose. In addition, we will share latest business strategies that will allow your practice to flourish, as well as adapting the most effective communication for your website, marketing materials and online activities.



*** Please note that the courses listed serve as a recommendation for your personal and life transformation. You are most welcome to join any programme of Level 2 of the Practitioner Programme, especially if it is your wish to join the **10 day Advanced No Ego Retreat in India** – or if you have a special interest in **Coaching, Presenting and Business Training**. As you are enlisted on the Personal Transformation Track Level 2, you are entitled to a 40% discount offered on a programme from a different track. **Please discuss your personal wishes with one of our team members!**